



Canton Center Chiropractic Clinic TRIBUNE

July 2021
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cantoncenterchiropractic.com
Like us on Facebook!



Happy 4th of July

We are the land of the free and the home of the brave. Let us pay tribute to our brave American Heroes on this special day and forever.

Happy Independence Day!

~**Dr. D and Staff**



Dr. J is Back!

Dr. J is officially back from maternity leave. She will be in the office part time. Give the office a call to set up your next appointment!



Foot Reflexology

Our lovely Foot Reflexologist Ella is retiring and moving up north. We will miss her and wish her well!

Upcoming Workshops

Unfortunately, there are no workshops for July. Check back for August!



Summer SAVINGS!

Throughout the month of July enjoy 10% off Citronella Essential Oil! See the essential oil of the month section for common uses.



Welcome Joshua Tree!

We are now carrying Joshua Tree Organic Skin Care products! Their products include but are not limited to Healing Salves, Sunscreens, Lip Balms, Soaps, Lotions, and more. Come check them out!



We Have a New Facebook!

Like, follow, and leave us a review on our NEW page [Canton Center Chiropractic](https://www.facebook.com/CantonCenterChiropractic). We are always posting updates on what's going on around the office, changes to our hours, and more!

Medicare

WE NEED YOUR HELP!

We need your help! Medicare does not cover Exams, X-rays, or physical medicine procedures performed by a Chiropractor. This restriction forces patients to pay out of pocket or to go without needed care.

The Chiropractic Medicare Coverage Modernization Act (H.R. 2654) is a bill introduced to the U.S.

House of Representatives that will allow Medicare patients to fully access the chiropractic profession's broad-based, non-drug care. The bill increases access and coverage to Medicare patients, but it

does not add any new services or remove services currently covered under Medicare. We are asking everyone to click on this link that will take you to a

pre-filled out letter that goes directly to your representative and asks them to support increased access to Chiropractic Coverage for Medicare patients.

<https://cantoncenterchiropractic.us8.list-manage.com/track/click?u=d50002bec3a7fc86b854af47a&id=e9722edc07&e=7408a6fdc6>

Time for Monday Night Meditation

Join MJ for an evening of Meditation **Monday, July 19th at 7:15pm**, and learn techniques to use at home. With breath work and a quiet environment, you can take a break from your daily activities. Whether you have meditated or you want to begin meditating, everyone is welcome.

Office Hours

Regular office hours are Monday 9am-7pm, Tuesday and Wednesday 10am-6p, Thursday 10am-7pm, Friday 9am-5:30pm, and Saturday 9am-12pm.

We will be closed July 3rd-5th for the 4th of July, we will reopen Tuesday July 6th.

Dr. Potter will be out of the office starting June 28th and will be back in the office July 19th.

Further changes will be posted at the Front Desk and available on our website:

www.cantoncenterchiropractic.com

Massage Therapy & Energy Healing

Unfortunately, we do not have a massage therapist in the office. We will update you as soon as possible.

MJ Potter, Reiki Master is offering energy balancing and incorporates the Bio-Mat technology with each session. In addition, Reiki I and II classes with attunement are now available. Call the office at 734-455-6767.

Thermography First

Thermography is a no-touch, painless, non-invasive, radiation-free imaging screening for breast health and much more. Screening will be available on Thursday's, Call Linda Honey for pricing and appointments at 586-770-4429.

thermographyfirst@comcast.net

NIA Classes

NIA classes are back via Zoom! *Nia classes are now on Tuesdays at 6pm and Wednesdays at 10am.*

The Nia Technique Class

is a mind-body-spirit movement combining the energies of dance, martial arts and healing arts.

Drop-Ins Welcome! Minimal fee of \$10.00 a class!

www.nianow.com To

register, go to

www.niadance.weebly.com

or e-mail Jennifer Desiderio at inner_dancer@yahoo.com

Yoga

Yoga is on hold but when it returns...join us on Wednesdays from 7-8p.m. Classes will include standing and seated poses, appropriate levels of twists, forward bends, and strength-building moves. You will learn breathing techniques, postures, sun salutations and calming relaxation.

Nutrition of the Month

The featured supplement this month is **Anti-Alcohol with HepatoProtection Complex** from Life Extension. This product supports natural alcohol

metabolism and protects against liver toxicity commonly associated with alcohol consumption.

Caution: *This product does not prevent, reduce or modify any of the mental impairment effects that alcohol induces.*

The Essential Oil of the Month is CITRONELLA

Citronella is a common element in perfumes and cosmetic products. It is also well known for its variety of uses. It can be used as a deodorant when you mix it with Tea Tree oil, used in outdoor candles, sprays, and other camping/outdoor essentials for the summer and more! Citronella is a must have summertime oil!

Please consult the doctors before beginning any new supplements in order to make sure each vitamin is needed for the individual.

Be Natural Organics Product of the Month

The featured Be Natural Organics product this month is the ***Niacin Complex Balancing Mist***. Niacin Complex Balancing Mist is a powerhouse of nutrients that tighten, nourish, and protect the skin. Its liposome delivery system provides vital cellular building blocks to skin while balancing its pH. Specifically formulated to combat the signs of aging. Ask your doctor if Niacin Complex Balancing Mist would be a good addition to your skin care routine!

